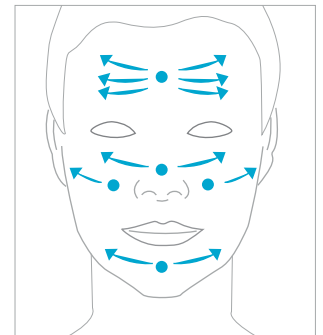


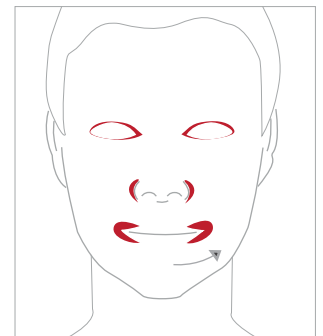
|                               |                    |
|-------------------------------|--------------------|
| <h2>Advanced Acne System</h2> | Patient Name _____ |
| Notes<br><br><br>             |                    |

## 1. Read This First

1. Follow the recommended dosage carefully. Each acne bottle **should last you approximately 4 to 6 weeks** during the initial treatment.
2. **Apply sunblock at least twice a day.** Once in the morning, 30 minutes before heading out, and once more during lunch time. Apply a generous amount and re-apply if there is continuous sun exposure.
3. Once you begin the program, **use creams consistently.** Results will be less than expected if you use it irregularly or by stopping prematurely.
4. **Use Pore Refiner once every 2 days first. One week later, increase to once a day.**
5. **Do not mix with any other creams** not listed on this sheet. Mixing with other brands or creams may cause skin irritation and other adverse reactions.
6. **Avoid application of treatment creams on the shown areas on the right.**



✓ **DO** dot the creams and spread outwards evenly and pat in.



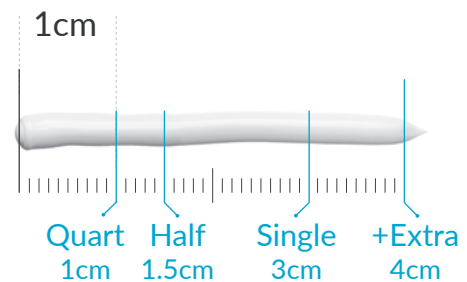
✗ **AVOID** eye area, sides of nose, mouth and sensitive areas.

## 2. What is the correct amount to use?

Method 1 - US Quarter Coin

Method 2 - Metric Ruler (Asia)

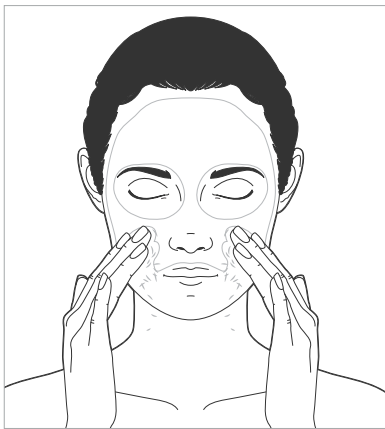
| Single Dosage             | Half Dosage                 | Quart Dosage                 |
|---------------------------|-----------------------------|------------------------------|
|                           |                             |                              |
|                           |                             |                              |
| Slightly less than 1 Inch | Slightly less than 0.5 Inch | Slightly less than 0.25 Inch |



Sensitive Skin  
Normal Skin  
Intense Program

Quart to Half Dose  
Single Dose  
Extra Dose

### 3. How to apply the products

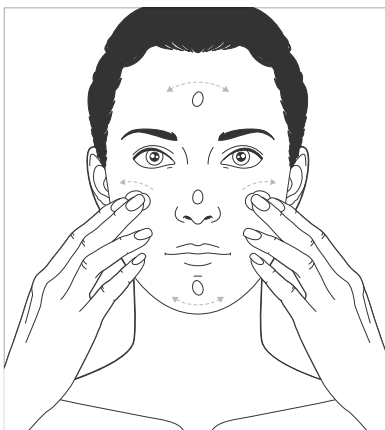


#### How to cleanse your face

1. Squeeze a little cleanser onto hands and lather with both hands.
2. Apply lather onto face in a circular motion and cover the face.
3. Cleanse your neck with an upward stroking motion.
4. Rinse off with lukewarm water and gently pat dry.

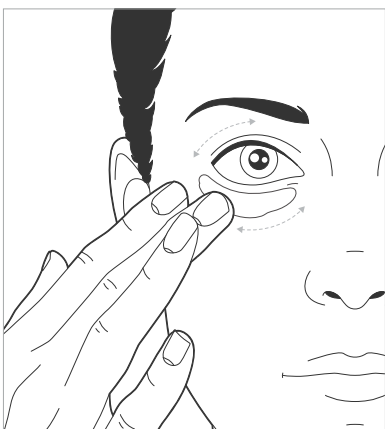
#### How to apply toner to your face

1. Apply toner to a facial cotton pad.
2. Gently apply pad to the face in outward stroking manner.
3. Flip the pad and repeat the process for your neck.
4. Do not rinse off and avoid applying toner with your fingers.



#### How to apply serum/treatment cream/sun protection to your face

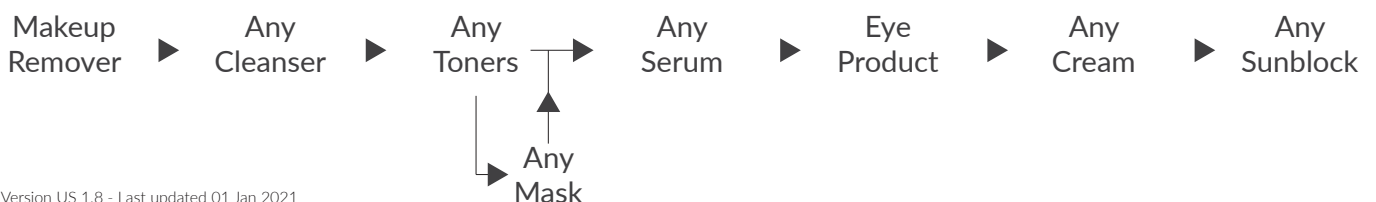
1. Squeeze correct dose onto your left palm.
2. Use fingers to apply onto your forehead, cheeks, nose and chin.
3. Use both hands to evenly cover your whole face.
4. Gently pat in for maximum absorption, do not rub the creams in.
5. Apply the balance cream onto your neck and on problem areas.
6. Wait a few minutes before applying the next cream.







#### How to apply eye creams/eye serums

1. Squeeze a small coin size onto left palm.
2. Use ring (fourth) finger to apply under and over eye contour area.
3. Gently pat in until fully absorbed, reapply on problem areas.

### 4. What sequence should I apply the products?



| Advanced Acne System                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                   | Pore Control Program for blackheads and whiteheads                                                                                               |                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| <p>Products used in this program</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p><b>Acne Cleanser</b><br/>Daily Pore Cleanser</p> </div> <div style="text-align: center;">  <p><b>Soothing Splash</b><br/>pH Balancing Toner</p> </div> <div style="text-align: center;">  <p><b>Sunblock</b><br/>Sun Protection</p> </div> </div> |                                                   |                                                                                                                                                  |                            |
| <p>Optional Products</p> <div style="text-align: center;">  <p><b>HydraBoost</b><br/>Hydrating Serum</p> </div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                   |                                                                                                                                                  |                            |
| <p><b>Treatment cream dosage</b><br/>Treatment creams use single dose :<br/>About 1 inch or 3 cm</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                   | <p><b>Duration of Program</b><br/>Use program until acne problems are controlled. Switch to Skin Rebirth System for repair and rejuvenation.</p> |                            |
| ☀ Morning                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                   | 🌙 Night Program                                                                                                                                  |                            |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Acne Cleansing Gel [#1]                           | 1                                                                                                                                                | Acne Cleansing Gel [#1]    |
| 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Any Serum                                         | 2                                                                                                                                                | Soothing Splash Toner [#2] |
| 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Soothing Splash Toner [#2]                        | 3                                                                                                                                                | Any Serum                  |
| 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Sunblock</b> <i>Use at least 2 times a day</i> |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |
| <p><b>REACTION NOTE</b> Some users <b>may</b> experience some form of redness, itchiness, peeling, breakouts during use which is completely normal, as this represents the unconditioned skin undergoing accelerated renewal. These reactions gradually decrease with continued use. Slowly introduce the products one by one to your skin regime to lessen such reactions.</p>                                                                                                                                                                                                                                                                                  |                                                   |                                                                                                                                                  |                            |