

MD Dermatics Product Instructions

1. Read This First

- 1. **Apply sunblock at least twice a day**. Once in the morning, 30 minutes before heading out, and once more during lunch time. Apply a generous amount and re-apply if there is continuous sun exposure.
- 2. **Do not mix with any other creams** not listed on this sheet. Mixing with other brands or creams may cause skin irritation and other adverse reactions.

2. How to apply the products

How to apply PureGlow to your body

- 1. Squeeze a generous amount onto your left palm.
- 2. Use fingers to apply to areas to be treated.
- 3. Gently and evenly cover the entire area in a circular motion.
- 4. Leave to dry for about 10 minutes.
- 5. Use a wet cloth or use your hands to gently rinse off the mask.
- 6. Rinse off with a gentle circular motion and gently pat dry.

How to apply PureWhite/Sunblock to your body

- 1. Squeeze a generous amount onto your left palm.
- 2. Use fingers to apply evenly to areas to be treated.
- 3. Gently pat in for maximum absorption.
- 4. Leave to dry for about 10 minutes.
- 5. Apply sunblock the same way as the moisturizers.

3. What sequence should I apply the products?

Pure Pure Anv

Pure Pure Any Sunblock



GlowWhite System

Normal Program

For normal, mature and oily skin types

Products used in this program



Item [1]
PureGlow
Brightening Mask



Item [2]
PureWhite
Brightening Moisturizer



Sunblock Sun Protection

Optional Products

Correct Dosage for Normal Program

- PureGlow/PureWhite: Enough to cover areas to be treated

Duration of Program

Use PureGlow 2-4 times a week until desired results are attained. Discontinue use if skin irritation appears.

Morning		•	Night Program	
1	Shower	1	Shower	
2	PureGlow Mask	2	PureGlow Mask	
3	PureWhite Moisurizer	3	PureWhite Moisurizer	
4	Sun Protection Complex Reapply once more in the afternoon, or when necessary			
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