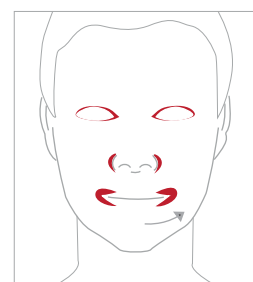


<h3>GlowWhite (Face Application)</h3>	Patient Name
Notes	

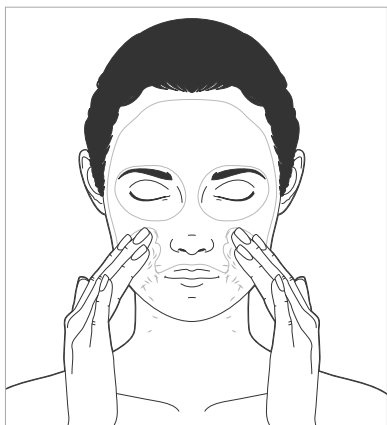
1. Read This First

- Apply sunblock at least twice a day.** Once in the morning, 30 minutes before heading out, and once more during lunch time. Apply a generous amount and re-apply under continuous sun exposure.
- Do not mix with any other creams** not listed on this sheet. Mixing with other brands or creams may cause skin irritation and other adverse reactions.
- Avoid application of treatment creams on the areas illustrated on the right.**



X AVOID eye area, sides of nose, mouth and sensitive areas.

2. How to apply the products



How to cleanse your face

- Squeeze a little cleanser onto hands and lather with both hands.
- Apply lather onto face in a circular motion and cover the face.
- Cleanse your neck with an upward stroking motion.
- Rinse off with lukewarm water **but do not pat dry**.

How to apply PureGlow to your face

- Squeeze a generous amount onto your left palm.
- Use fingers to apply to areas to be treated.
- Gently and evenly cover the entire area in a circular motion.
- Leave to dry for about 10 minutes.
- Use a wet cloth or use your hands to gently rinse off the mask.
- Rinse off with a gentle circular motion and gently pat dry.











How to apply toner to your face

- Apply toner to a facial cotton pad.
- Gently apply pad to the face in outward stroking manner.
- Flip the pad and repeat the process for your neck.
- Do not rinse off and avoid applying toner with your fingers.

3. What sequence should I apply the products?



MD DERMATICS®

GlowWhite System		Normal Program		For normal, mature and oily skin types	
Products used in this program					
 Item [1] C-Cleanse Daily Cleanser		 Item [2] Soothing Splash pH Balancing Toner		 Item [1] PureGlow Brightening Mask	
				Choose any face moisturizer	
 Sunblock Sun Protection					
Optional Products					
 GentleWash Use this cleanser for gentler cleansing		 Cucumber Mask Use during program to soothe/calm skin			
Correct Dosage for Normal Program - PureGlow: <i>Enough to cover whole face</i> - Cleansers/Toners: <i>Enough to cover whole face</i>			Duration of Program Use PureGlow 2-4 times a week until desired results are attained. Discontinue use if skin irritation appears.		
 Morning			 Night Program		
1	[1] C-Cleanse	1	[1] C-Cleanse		
2	[2] Soothing Splash Toner	2	[2] Soothing Splash Toner		
3	Any face moisturizer/serum	+	<i>Optional step - Add a mask, serum or moisturizer</i>		
4	Sun Protection Complex <i>Reapply once more in the afternoon, or when necessary</i>	3	[1] PureGlow		
		4	Any face moisturizer/serum <i>Use only 2 weeks after starting the program</i>		